



## VEIN HEALTH HISTORY FORM

**Patient Name:** \_\_\_\_\_ **Date of Visit:** \_\_\_\_\_  
**Date of Birth:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **MRN: (office use only)** \_\_\_\_\_

**How did you hear about the Minneapolis Vein Center?** \_\_\_\_\_  
**What is your most significant symptom?** \_\_\_\_\_

**Who is your regular primary physician?** \_\_\_\_\_  
**What other physicians do you see?** \_\_\_\_\_  
**May we send a letter to your physician(s)?** Circle the physician(s) to whom we may send a letter.

**Vein History**

Which leg is affected? Right Left Both  
 Which leg is worse? Right Left Both  
 How are your daily activities affected by your legs? \_\_\_\_\_  
 \_\_\_\_\_  
 How long have your legs bothered you? # Years: \_\_\_\_\_ #Months: \_\_\_\_\_  
 What activities make your leg(s) feel worse? \_\_\_\_\_  
 \_\_\_\_\_

**Circle Rt (right) or Lt (left) or both if you CURRENTLY experience any of the following leg symptoms.**

Aching/pain in your legs	Rt	Lt	Heaviness	Rt	Lt
Tiredness/fatigue	Rt	Lt	Itching/burning	Rt	Lt
Swollen Ankles	Rt	Lt	Leg cramps	Rt	Lt
Restless Legs	Rt	Lt	Throbbing	Rt	Lt
Leg wound(s)	Rt	Lt	Groin varicose veins	Rt	Lt

Other: \_\_\_\_\_

**For women only**

Do you have deep pelvic pain? Yes No  
 Do you have pain with intercourse? Yes No  
 Are your symptoms in either your pelvis or legs worse with your menstrual period? Yes No

**What can you do to improve your leg symptoms? (Circle all that apply.)**

Elevate Walk Ice Massage Stockings Ace wraps Pain medication  
 If you circled elevation: How often? \_\_\_\_\_ For how long each time? \_\_\_\_\_ Since when? \_\_\_\_\_  
 If you circled Ace wraps:  
 For how long have you used wraps? \_\_\_\_\_ How often? \_\_\_\_\_ Does it help? Yes No  
 If you circled pain medication, circle which one(s): Aspirin Ibuprofen Aleve Tylenol Other: \_\_\_\_\_  
 For how long have you used it? \_\_\_\_\_ How often? \_\_\_\_\_ Does it help? Yes No

**Do you have any concerns about the appearance of you leg(s)?** Yes No  
 If yes, please describe: \_\_\_\_\_  
 If yes, would you like to hear about cosmetic treatments, if appropriate? Yes No

Patient Name: \_\_\_\_\_

**Prior Vein Evaluation and Treatment**

Have you ever had your veins evaluated by a doctor before? Yes No

If yes, what doctor and when? \_\_\_\_\_

Did the doctor perform any tests (for example, an ultrasound)? Yes No

If you have had any of the following leg vein treatments, circle which leg and fill in when.

Stripping: Rt Lt\_\_\_\_\_ Venous ablation: Rt Lt\_\_\_\_\_ Phlebectomy: Rt Lt\_\_\_\_\_ Injections: Rt Lt\_\_\_\_\_

Circle if you have previously had: Deep Vein Clot (DVT) Superficial Blood Clot (Phlebitis) Leg Wound

Please describe: \_\_\_\_\_

**Compression Stocking Use**

Have you ever worn compression stockings in the past? Yes No

If yes, when? \_\_\_\_\_ If yes, for what length of time? Years:\_\_\_ Months:\_\_\_

Do you currently wear prescription compression stockings? Yes No

If yes, do they help? Yes No

If no, why not? \_\_\_\_\_

Do you currently wear light support hose (example sheer energy)? Yes No

If yes, do they help? Yes No

**PAST MEDICAL HISTORY**

Are you presently under the care of a physician for any illness? Yes No

If yes, please explain: \_\_\_\_\_

Have you ever had surgery of any kind? Yes No

If yes, please specify: \_\_\_\_\_

Have you ever been hospitalized for anything other than surgery? Yes No

If yes, please specify: \_\_\_\_\_

**Have you ever been told that you should not take Ibuprofen? Yes No**

If yes, why? \_\_\_\_\_

**Do you have any of the following? If yes, please specify.**

Heart Disease Yes No \_\_\_\_\_ Pacemaker Yes No \_\_\_\_\_

Lung Disease Yes No \_\_\_\_\_ Anemia Yes No \_\_\_\_\_

Hepatitis Yes No \_\_\_\_\_ Arthritis Yes No \_\_\_\_\_

High cholesterol Yes No \_\_\_\_\_ Diabetes Yes No \_\_\_\_\_

Asthma Yes No \_\_\_\_\_ Thyroid Yes No \_\_\_\_\_

High Blood Pressure Yes No \_\_\_\_\_ Migraine Yes No \_\_\_\_\_

Other significant medical history not listed above: \_\_\_\_\_

**For women only**

Currently pregnant? Yes No

How many times have you been pregnant? \_\_\_\_\_

How many live childbirths? \_\_\_\_\_

Currently breastfeeding? Yes No

Planning on becoming pregnant? Yes No

